



Kiwaniis®

INDIANA DISTRICT

KIWANIS IN DIRECT

SERVICE FOR RILEY



In This Issue:

- ♥ **REACH OUT INDIANA Campaign**
- ♥ **ICON in Denver, CO**
- ♥ **Komfort Kart Update**
- ♥ **Riley Centennial Wagon**
- ♥ **June Safety Store Deals**



**Riley
Children's
Foundation**

REACH OUT INDIANA: A campaign already at work!

When a child is sick or injured, a parent's first call is often to their pediatrician's office. Seeing their doctor, evaluating symptoms, and triaging the best next steps are standard procedures. But what if the child has a mental or behavioral health issue that isn't easy to diagnose quickly?

With donor support like the Reach Out Indiana Kiwanis Campaign, Riley Children's Health has started to embed behavioral health care into pediatrician and primary care offices. Currently, there are eight practices with integrated care, with a plan to add 11 practices this summer and nine more in 2025, with a goal of reaching 70,000 to 80,000 children and adolescents in diverse urban, suburban and rural communities across Indiana.

One of the first practices to integrate mental health care in the primary care space was the Riley at IU Health location in Mooresville. Sequoyah Sullivan, MSW, served as the first Pediatric Integrated Behavioral Health provider in the primary care office. When a child or caregiver presents with concerns, the physicians can refer to the integrated care program right in their office, rather than send the family to the outpatient psychiatry unit at Riley in downtown Indianapolis, which typically has a very long wait list.

Patients and families in the Mooresville office who are referred to the Pediatric Integrated Behavioral Health program are scheduled to see Sequoyah, usually within a couple of weeks. The visit is held in the same location as the primary care provider, thus reducing the stigma of a behavioral health visit and increasing access. The integrated care program focuses on evidence-based, short-term interventions for common behavioral health conditions such as anxiety, depression, and conduct disorders.

During the visits, children and caregivers identify their top concerns related to their behavioral health. Sequoyah uses that conversation to guide care that works to help them manage their symptoms, increase coping skills, and to prepare them to meet future challenges. "It's been great to watch, and good to be a part of."

As Riley strives to address the youth mental and behavioral health crisis in the state, I wanted to share this update on the impactful work of our providers. We appreciate your support of all that we do at Riley!!



LET'S GET READY FOR DENVER!



What excites you most about the 2024 Kiwanis International Convention?



Hearing keynote speakers? Learning new skills?

Seeing old friends? Everything?



Visit

<https://www.kiwanis.org/members/kiwanis-convention/>
for more details and to register!





Kiwaniis K-Mall Parent Komfort Kart



Items Needed

- Neck Pillows
- Fleece Blankets
- Chapstick/Lip Balm
- Travel Size
 - Men/Women's Deodorant
 - Men/Women's Shaving Cream
 - Mouthwash
 - Shampoo
 - Hair Conditioner
- Hair Brushes
- Game Books, Word Search, and Adult Coloring Books
- Colored Pencils
- Full-Size Candy Bars
- Q-tips
- Disposable Razors
- Body - facial nylon loofahs/poufs
- Chewing Gum
- Mints
- Feminine Products



Items must be New, and in original packaging

All items are for PARENTS of Riley Hospital Patients.

Make sure any expiration dates are at least 3 month out.

All donated items must be NEW, and in original packaging.

Please note, NONE of the items can be religious in nature.



VOLUNTEERS
NEEDED TO PUSH
THE KART

For Additional Information:
Marge Crouch
317.557.5478
marge@margecrouch.com



Monetary Donations are always welcome.

Please make checks payable to:

Indiana District of Kiwanis
3636 Woodview Trace, #100
Indianapolis, IN 47268

Include check memo: Riley Parent Cart



Kiwanis
INDIANA DISTRICT

Name a Riley Centennial Wagon

With your philanthropic support, you or your group can create a personalized Riley commemorative centennial license plate.



The Riley wagon represents the family-centered care provided at Riley Children's Health for nearly 100 years. As Riley Children's bids farewell to its first century and eagerly approaches the next, join us by naming an iconic Riley Red wagon. Wagons help families navigate Riley, and bring children smiles during what can be a stressful time.



Kiwanis
INDIANA DISTRICT

Can we participate and still support the Indiana District of Kiwanis Riley Campaign?

Yes! In **2024**, Kiwanis clubs and individuals can name a Riley Red Wagon with support of the Kiwanis-Riley Campaign: "Reach Out Indiana: Accessible Mental Health Services for Kids and Teens"

FAQ

Q: How can I sponsor a wagon?

A: Wagon sponsorship can be individual gifts, funds raised by a group, or a gift from a club or division. Gifts must directly support the current Kiwanis campaign for Riley.

Q: Will my donation count to the Kiwanis/Riley Campaign?

A: Yes, The donation will be included in the Kiwanis campaign total.

Q: What are the wagon sponsorship levels?

A: \$5,000 - Name a Riley Red wagon (Individuals, clubs, divisions)
\$25,000 - Corporate Riley Red wagon

Q: Does my gift have to be one check?

A: No, but the total amount must be in by December 2024 and must be clearly indicative of individual or club donation. Please include documentation with your check(s) to identify individual or club to be recognized.

Q: Can my club or I fundraise online?

A: Yes! You can create your online page: <https://give.rileykids.org/KiwanisMentalHealth>

Q: What if I have more questions?

A: Contact Mel Sexton, msexton@rileykids.org; 317-759-6946





June Safety Store Specials

OPEN

Monday-Friday
9:00 AM-4:00 PM



Located in the Riley Outpatient Center

safetystore.iu.edu

\$14.50



UPF 50+ Hat & Bootie Set
Ages 0-12 months

Swim Goggles

COMFORTABLE neoprene strap never pulls long or curly hair

\$12.95



EASILY ADJUST Velcro tabs and optional extender rings

LEAK-PROOF silicone gasket

WIDE VIEW polycarbonate lenses

Fits Kids
Ages 3-10 yrs

KIDS UPF 50+ Beach Towel with Hood

Blocks 98% of UVA & UVB Sun Rays

\$17.50



\$10.00
UPF 50+ Hat
With Ponytail Holder

\$9.50



MADE IN THE USA

RANGER READY REPELLENT

PICARIDIN 20% TICK + INSECT SPRAY

12 HOURS

EFFECTIVE PROTECTION FROM TICKS + MOSQUITOS

RANGER ORANGE SCENT

ACTIVE INGREDIENT	PICARIDIN	20.00%
OTHER INGREDIENTS		80.00%
TOTAL		100.00%

KEEP OUT OF REACH OF CHILDREN
CAUTION: Read This Label before Use. Refer to back for first aid, additional precautionary statements and directions for use.

NET WT. 3.38 FL. OZ (100 ml)

BANZ
CONTACT LENS



Polarized Sunglasses
Ages 0-5 yrs
\$15.00

COAST GUARD APPROVED LIFE JACKETS

Infant Child Youth **\$20**

Teen & Adult **\$23**

Challenge Everything

WATERPROOF

\$18.95

Waterproof First Aid Kit

Light-Saver

WATER ACTIVATED

\$18.00

Water Safety Light