

# KIWANIS IN DIRECT SERVICE FOR RILEY





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THE POWER OF YOUR GIVING TO

#### Indiana District of Kiwanis International

Since 1921, the Indiana District of Kiwanis has raised more than \$9 million to support Riley Children's Foundation, including recently completing a \$1 million campaign for maternal fetal medicine in Indiana. The Kiwanis Mid-Year conference took place on March 23, and Riley was proud to support the event and provide resources to members in support of the newest campaign: Reach Out Indiana: Accessible Mental Health for Kids & Teens.



During the conference, Riley representative, Mel Sexton, presented news and updates on the mental health campaign and accepted the final check to fulfill the \$1 million campaign commitment for maternal fetal medicine. During the "Parade of Checks", gifts totaling more than \$120,000 were delivered to current District Governor Doug McMillan.

Riley Children's Foundation is grateful for the generous support to maternal fetal medicine from the Kiwanians. With your support, the highly trained team in the Riley Maternity Tower



delivered 3,581 miracles in 2023. While most of these were normal, celebratory deliveries, some births were high-risk for mom or baby or both.

Riley Children's Health cares for the most complex moms in the state as one of only two-Level IV perinatal centers in Indiana, ensuring the best possible outcomes for the highest acuity moms. The obstetric intensive care unit had 90 admissions in 2023. With all maternity facilities housed together in the Maternity Tower, these moms and babies can stay together for the highest level of holistic family-centered care.

In 2022, Riley launched the Fetal Surgery program, which included hiring extremely specialized physicians to perform fetal interventions that were previously not offered in Indiana. In 2023, the team performed 46 fetal interventional procedures aimed at decreasing infant and maternal mortality and improving clinical care through early surgical interventions.

The first procedure was Twin to Twin Transfusion Syndrome surgery – TTTS is a rare condition affecting identical twins that occurs when the babies share one placenta and a network of blood vessels that supply oxygen and nutrients, causing issues for one or both babies. Riley fetal surgeons performed this minimally invasive,



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### Indiana District of Kiwanis International

lifesaving laser surgery in utero to correct the imbalance, and in February 2023, two healthy baby girls were delivered. Riley has now performed seven different types of interventional procedures for moms and babies.

Moving forward, Riley's vision is to expand our Maternal Fetal Medicine outreach to the entire state, expand ultrasound reading and support, expand research efforts with a goal of being in the top 10 nationally, and grow the division to include 15 physicians.

Philanthropic support enables us to do this important work. Your generosity has funded initiatives and built an expert team of caregivers that provide care to the most complex patients. Thank you for your continued support as we partner to provide the very best maternity care possible. Riley Children's Foundation looks forward to continuing our partnership with Kiwanis to support access to mental health resources for youth and adolescents in Indiana.











## Tips To Help You Stay Safe Near Water

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Never leave children alone, not even for a second.
Stay alert! Avoid distractions like reading and using your phone. Learn CPR and first aid. Children who cannot swim should wear Coast Guard approved life jackets.
Inflatable tubes or "water" wings will not prevent drownings.

When boating or doing other water sports, make sure that everyone wears Coast Guard approved life jackets at all times. Even the best swimmers can encounter water conditions that are dangerous, putting them at risk for drowning or injury.





A family pool should be enclosed by a four-foot fence, with a self-closing and locking gate. Report broken, loose, or missing drain covers to the pool's owner or operator. Keep safety flotation devices, a phone, and a whistle near you for potential emergencies.



Children can drown in just one inch of water. Store empty buckets and containers upside down and out of reach. Always keep toilet lids down and use a toilet safety lock to help keep children safe.



## Tips To Help You Stay Safe in The Sun

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Buy sunscreen with an SPF (Sun Protection Factor) of at least 30 or higher for protection from too much of the sun's ultraviolet (UV) rays. UV rays cause sunburn, skin cancer, and wrinkled skin.



Stay hydrated! Drink water regularly throughout the day! Take frequent breaks in the shade or inside where it is cool to help prevent heat stroke. Limit your time in the sun between 10 am and 4 pm when the sun's rays are the strongest.

Protect your head, face, and ears with a wide brimmed hat.
Cover up! Loose fitting, full length clothing is one of the best
ways to protect your skin from the sun's harmful rays.
Make sure sunglasses have 100% UV protection.

Protect yourself from the sun when near water, sand, and snow because these areas reflect the sun's rays and can produce sunburn more quickly.





# Shopping? Dining? Giving Back!



Easy ways to support Riley Kids!

- The month of May is all about fast cars, graduations, Mother's Day, celebrating wedding season and Costco! Stock up on all of your needs for May and support Riley kids while you are there!
- Our friends at Circle K (the convenience store--not the amazing College Kiwanis!) have been raising money for Riley since 2000. You can visit your nearest location starting May 8th – May 31st to get your favorite convenience store item while supporting Riley.
- Have you ever wanted to be on a game show? Game Show Battle
  Rooms is the best place in Indianapolis to test out your winning
  skills. Book your show now and use code RILEY2024 for 10% to come
  back to Riley Children's Foundation.
- If you shop at Kroger, you can now link your Kroger loyalty card to our community rewards account. Sign into your digital account or create one at Kroger.com. Click on the community rewards tab, locate Riley Children's Foundation and click enroll.

Look for these and other great ways to Shop & Give to support Riley
Hospital for Children, Indiana's ONLY Children's Miracle Network Hospital!
https://rileykids.org/ways-to-give/other-ways-to-give/shop-and-give

### Tune In!

May 22-23, 2024

**Riley Radiothon** 

Listen Live: https://neuhoffmedialafayette.com/











# Riley Champion Nominations Now Open!!

## Who is your Riley Champion?

Some children turn their biggest challenges into their greatest strengths.

Riley Champions Presented by Kroger is a program that honors Riley patients and families across the state who demonstrate courage and commitment to helping others while navigating medical obstacles.

Nominate a Riley Champion



We invite you to nominate children and families who are powerful Riley advocates for the next class.

#### Nomination Details

- Riley Champions are typically between the ages of 8-18 and demonstrate the "<u>Chad Keown</u> Spirit
  of Riley," showing a desire to leave a legacy of helping others.
- Junior Champions are Riley patients younger than 8 years old whose families have a heart for giving back.
- As ambassadors for Riley, our Champions (or parents/guardians of Junior Champions) need to be comfortable sharing their stories publicly.
- Selected Champions are notified in late summer and publicly announced in the fall.

This is a great way to connect those Riley families in your community who attend your events as a speaker, participant, or fundraiser! We want to see your nominations!

#### Meet the 2024 Riley Champions:

Amir Agemy, Michigan City
Ashae Villafana, Indianapolis
Beckett Culp, Noblesville
Chloe Brady, Boonville
Grace LaSell, Columbus
Hayden Dietz, Fort Wayne
Josh Jennings, Terre Haute
Londyn Hoffman, Westfield
Oliver Gilkison, West Lafayette
Riley Osmon, Bedford

## Nominate a Riley Champion HERE!

### May Specials At The Safety Store

Open: Mon-Fri 9 am to 4 pm in the Riley Outpatient Center



Helmet size is based on head size, not age. Let us help you measure & fit for the right size.



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