

K.I.D.S. NEWS

2024

HAPPY NEW YEAR

In This Issue:

- ♥ **Transportation Program**
- ♥ **Riley Children's Health Integrated Care Update**
- ♥ **Save the Date for Upcoming Events**
- ♥ **January Safety Store Flyer**

DISTRICT MID-YEAR CONFERENCE

Date: March 23, 2024

Location: Embassy Suites by Hilton
Plainfield Indianapolis Airport
(6089 Clarks Creek Road, Plainfield, IN 46168)

More information coming soon.



We will be collecting items for the Komfort Kart!

REMHINDER



Parade of Checks for Riley



TRANSPORTATION PROGRAM

By: Felicia Dixon, Transportation Committee Chairperson

Our Transportation Program continues to serve the children of Indiana and their need to be transported to appointments at Riley Hospital. In my last column (November Newsletter), I explained the process we follow if a person needs transportation. A brief recap might help remind you of the steps I take to help families:

1. I receive a call from a Riley Social Worker asking for transportation. At this point, the activity becomes a Kiwanis event.
2. I ask for name of patient, age, and date and time of appointment. I also ask for the patient's address and phone number.
3. I call the Riley Advocate in the Kiwanis Division where the patient lives, and I give him/her the information I received from the Riley Social Worker.
4. The advocate then calls the club president of the club in the vicinity of the patient who identifies a potential driver. The club president communicates the name of the driver and his/her phone information to me, so I can contact the driver. It helps to have an email address as well, in case I cannot reach the driver by phone or text message. I am then able to call the Social Worker with the driver information.

If you agree to drive, please do the following:

1. Phone the family immediately to assure them you plan to drive.
2. They are responsible for all car seats needed for their family. They need to install them in your car themselves.
3. Two days before the appointment, call them again to assure them you will be there.
4. Access the Release/Consent Form. (find this on the Indiana Kiwanis website).

Since my last column, I have had questions concerning the liability of drivers who agree to transport. Our release/consent form is a good start for you. Please download the form and have the family sign it. I consulted the Risk Management Contact for Kiwanis International, Mr. Stu Peterson for further information on protection, and he told me that when we agree to transport the child, the event is then a Kiwanis event. So, the driver and the family are covered. Your vehicle is not covered, but you should have your own Automobile Insurance that covers vehicle damage. I hope this helps understand that aspect of transportation.

Finally, I want to give a shout out to Diane Masterson from Evansville Green River, who tried valiantly to find a driver for a family (baby, mother and grandmother).

I appreciate you all. WE SERVE!

<https://www.indkiw.org/riley-resources/k-i-d-s-committee/#ConsentReleaseForm>

RILEY CHILDREN'S HEALTH INTEGRATED CARE UPDATE

By: Mel Sexton, Community Fundraising Events Coordinator at Riley Children's Foundation

RILEY CHILDREN'S HEALTH INTEGRATED CARE UPDATE

Significant progress has been made toward the goal of implementing pediatric behavioral health services into primary care offices.

- **We have:**
 - **Launched** evidence-based mental health services at the first two pilot sites:
 - Riley Pediatric Care Center in downtown Indianapolis, which serves more than 4,400 patients
 - Riley Physicians Pediatrics in Mooresville, which serves nearly 4,000 patients
 - **Identified** an additional 20 practices across the state, which are being randomized into three waves for implementation. Our first wave of sites launching in January 2024 will serve over 20,600 patients. The timeline for second wave is June 2024, and January 2025 for the third wave.
- **Built** a team of 2 BSWs and 1 LMHC and will onboard 3 more BSWs in December for the first wave of sites.
- **Launched** virtual group-based therapies for common pediatric behavioral health needs, and we are enrolling for future groups.
- **Received** an IRB approval and have begun implementation science research focused on how primary care providers and clinic staff respond and adapt to the integration process



13

RILEY CHILDREN'S HEALTH INTEGRATED CARE UPDATE

- **Completed** many steps towards getting the KCAT assessment tool integrated into Cerner (EHR) and are on track to finalize the contracting stage before the end of 2023.
 - These steps towards the full integration of KCAT will allow for comprehensive universal assessment at well child checks
- **Established** a partnership with IU Bloomington's Clinical Psychology BS program to place undergraduate students for their practicums within the pediatric integrated care program as a part of a workforce development pipeline.
 - We are taking 4-5 students for a Spring 2024 placement. Starting Fall 2024, students will take a full academic year placement, be fully trained in the evidence-based intervention being provided by our bachelor's level staff (FIRST), and they will be able to see a small panel of patients under supervision and get experience in clinical practice, documentation, and team collaboration. When the students graduate, they will be eligible for a number of job placements within our program and be able to start fully trained.



continued on next page -->

RILEY CHILDREN'S HEALTH INTEGRATED CARE UPDATE

By: Mel Sexton, Community Fundraising Events Coordinator at Riley Children's Foundation

Virtual Therapy/Groups

• FIRST not sufficient for all • Set of virtual services under the supervision of specialty area psychologists

AGE	DIAGNOSIS/SYMPТОМОLOGY	PROGRAM	VIRTUAL MODALITY	LENGTH
10-18	Self-injurious behavior, chronic suicidal ideation, emotional dysregulation	DBT-A Skills Training	Both Individual and Group sessions	16 weeks
5-12	Autism spectrum disorder	RUBI+ Social Skills Training	Both Individual and Group sessions	11, one-hour sessions with optional extra
5-17	Executive functioning issues and/or ADHD	Executive Functioning/ Organization Skills Training	Group	16-20, one-hour sessions
11+	Suspicion of or initial of substances (Evident SUD to ENCOMPASS)	Teen Intervene	Group	3-4 sessions
3-11	Parents of 3-11-year-olds with pediatric insomnia	Sleep Train Program	Group	6 sessions
12-17	Adolescent insomnia	CBT-I for adolescents	Digital App	
0-4	Parents of newborn – 4-years-olds	Parenting Skills Group	Group	6, one-hour sessions
12 - 18	Adolescents with chronic, debilitating, fatiguing and/or painful illnesses	CHIRP	Group	4, one-hour sessions
5 - 18	Children and adolescents that have experienced traumatic events	CBIT/Bounce Back	Group	10, weekly, one-hour sessions



15

WAYS TO GIVE

Conduct Club-Sponsored Fundraisers

- Partner with local club or divisions for larger impact
- Designate specific events or gifts direct to Riley campaign – use Riley buckets, banners, other materials

Immediate Gift Opportunities

- Appreciated Securities – Increase your support by donating stocks or other assets
- IRA Charitable Rollover – Individuals ages 70.5 and older may direct distributions up to \$100,000 per year directly to public charities. Transfers are tax free and can satisfy your required minimum distribution.

Deferred Gift Opportunities

- Bequest through a will or living trust
- Beneficiary designation of retirement plan assets or life insurance proceeds

Benefits of Deferred Gifts

- Gift to Charity
- Estate Tax Deduction
- Lifetime Flexibility
- Easy to Implement



Riley Children's Foundation invites you
to an
evening of red carpet glamour and
entertainment



The Fundraising Event

Saturday, March 9, 2024
Doors open at 7:00 PM

Gourmet food stations, cocktails,
dancing,
and an immersive look at Riley clinical
care and research

SAVE
THE
DATE





January Specials at The Safety Store

LOCATED IN THE RILEY OUTPATIENT CENTER

OPEN Monday-Friday 9 AM-4 PM

 <p>Ice Scraper Brush Combo Extends up to 44 inches \$19.99</p>	 <p>Hand Warmers \$1.00 pack of 2</p>	 <p>Aluminum Shovel & Ice Scraper Set Extends 26-32 inches Collapses for storage \$15.00</p>
--	---	--

 <p>Road Kit \$25.00</p>	 <p>MYLAR EMERGENCY PONCHO NASH DESIGNED MYLAR MATERIAL \$4.00 each</p>	 <p>DOT Approved Warning Triangles Set of 3 \$22.50</p>
--	---	---

 <p>YAKTRAX Traction Cleats \$16.50 per pair</p>	 <p>LED Headlamps Set of 2 \$13.00</p>	 <p>Convertible Car Seat \$60.00 Fits Children 5-40 pounds 19-43 inches</p>
---	---	---

CURBSIDE PICKUP/SHIPPING OPTIONS AVAILABLE



@IUSMSafetyStore



@IUSMSafetyStore